

**Master of Arts in Social Work**  
**Program code: 137011**

**INTRODUCTION**

The Department of Sociology and Social Work (College of Social Sciences) offers a M.Sc. program in **Social Work**. English is the language of instruction and research. The aim of this program is to prepare graduates for leadership in professional social work practice within the areas of Clinical Practice, Planning and Administration. It signifies achievement of professional competence in Social Work. The program offers thesis option.

*According to the University Council decision dated 4/2/2007, Thesis students admitted with effect from September 2007 are exempted from the comprehensive examination.*

**PROGRAM REQUIREMENTS****42 TOTAL COURSE CREDITS****9 COMPULSORY COURSES (3 credits each)**

- 1370-501 Social Welfare Policy & justice
- 1370-502 Social Work Research Methods
- 1370-503 Social Statistics & Data Analysis

**15 COMPULSORY SUBDISCIPLINE COURSES**

**Student should obtain (15) credits in one of the following fields of specialization.**

**Track 1: DIRECT PRACTICE (3 credits each)**

- 1370-504 Advanced Practice with Individuals and Families
- 1370-506 Advanced Practice of Group work
- 1370-508 Advanced Practicum I
- 1370-510 Applied Clinical Practice Evaluation
- 1370-512 Advanced Practicum II

**Track 2: MACRO PRACTICE (3 credits each)**

- 1370-505 Advanced Practice with Organizations and Communities
- 1370-507 Advanced Administrative Skills for Social Work Practice
- 1370-509 Advanced Practicum I
- 1370-511 Program & Services Evaluation
- 1370-513 Advanced Practicum II

**9 ELECTIVE COURSES\* (3 credits each)****Track 1: DIRECT PRACTICE:**

**A student has to take minimum of one course from this group**

- 1370-514 Solution Focused & Brief Therapy

- 1370-516 Cognitive Behavioral Therapy  
 1370-518 Crisis & Trauma Intervention

**Track 2: MACRO PRACTICE:**

**A student has to take minimum of one course from this group**

- 1370-515 Social Work Supervision, Consultation and Leadership  
 1370-517 Macro Social Work Practice & Policy Advocacy  
 1370-519 Strategic Risk Management in Agencies

\*Students may substitute up (3) credit hours from compulsory subdiscipline or elective courses, or any approved courses offered by Kuwait University, with the approval of the Program Director.

**9 COMPULSORY COURSES**

- |          |        |     |
|----------|--------|-----|
| 1370-597 | Thesis | (0) |
| 1370-598 | Thesis | (0) |
| 2000-599 | Thesis | (9) |

***COURSE DESCRIPTION***

**1370-501: SOCIAL WELFARE POLICY & JUSTICE  
 CR: 3**

This course serves as an introduction to the profession of social work and equips the student with the foundational knowledge, values, and skills to begin to engage in all the content areas covered in subsequent required courses. The course offers students the opportunity to gain in-depth knowledge about social welfare policy-making processes and promote an understanding of social justice, and their impact on the social service delivery system.

**1370-502: SOCIAL WORK RESEARCH METHODS  
 CR: 3**

Introduction to quantitative and qualitative social work research skills fundamental to the development and critical use of information relevant to social work practice decision-making and evaluation at case, program, and policy levels. Social research ethics, development of research questions, sampling, measurement, research design, data collection and analysis.

**1370-503: SOCIAL STATISTICS & DATA ANALYSIS  
 CR: 3**

At the end of this course, students will be able to apply univariate and bivariate statistics and analysis of variance to analyze data obtained from social work practice settings. Students will learn to formulate research questions and hypotheses, choose the appropriate statistical analyses, conduct these analyses, using SPSS, interpret their findings, and communicate their results clearly and effectively to both scholarly and social work practice audiences.

**1370-504: ADVANCED PRACTICE WITH INDIVIDUALS AND FAMILIES  
 CR: 3 PR: 1370-501**

This advanced practice course provides students with theories and skills for working with individuals from an advanced generalist. The content will include an overview of several different models of interventions for individuals and families with a focus on intervention skills and techniques.

**1370-505: ADVANCED PRACTICE WITH ORGANIZATIONS & COMMUNITIES  
CR: 3 PR: 1370-501**

This course focuses on interventions in social agencies, institutions and neighborhoods of the community and society to enhance the quality of life. It prepares students to engage in an integrated practice focused on utilizing community and social systems to support and empower individuals, families, and communities and envision, and work towards social justice goals.

**1370-506: ADVANCED PRACTICE OF GROUP WORK  
CR: 3 PR: 1370-501**

Group work is the foundation of many treatment approaches in human services. This course enables student of social work to gain knowledge of the varied components of group work practice including group dynamics, leader roles and functions, and group process. Likewise, forms of groups and types of skills are taught in order to develop competency in areas of screening, leading sessions, and evaluating group progress.

**1370-507: ADVANCED ADMINISTRATIVE SKILLS FOR SOCIAL WORK PRACTICE  
CR: 3 PR: 1370-501**

This course focuses on building general skills in community assessment to help students design an intervention strategy including mission, goals, objective, budget, logic model, and evaluation.

**1370-508: ADVANCED PRACTICUM I  
CR: 3 PR: 1370-502/1370-504**

The focus of this field practicum is on clinical social work with individuals, groups, couples and families. The purpose of the clinical practice concentration is to provide students with values, knowledge, and interventions skills appropriate to clients' levels of bio-psychosocial functioning.

**1370-509: ADVANCED PRACTICUM I  
CR: 3 PR: 1370-502/1370-505**

The focus of this field practicum is on social work administration and planning. The purpose of the practice is to provide students with skills in administration and planning in human service organizations.

**1370-510: APPLIED CLINICAL PRACTICE EVALUATION  
CR: 3 PR: 1370-503**

Building upon the foundation social work research course, this advanced curriculum course focuses on the research process within the context of clinical social work practice. Emphasis is on developing the knowledge and skills required to critically assess empirically-based evidence for practice and design ethical and feasible approaches to practice evaluation.

**1370-511: PROGRAM & SERVICES EVALUATION  
CR: 3 PR: 1370-503**

Program evaluation is an applied form of research which involves the systematic collection of information about the activities, characteristics, and outcomes of programs. Program evaluations are conducted for a range of purposes, which may include making judgments about a program, improving program effectiveness and/or informing decisions about future program development. There are many different approaches to evaluation.

**1370-512: ADVANCED PRACTICUM II  
CR: 3 PR: 1370-508**

The focus of this field practicum is on advanced clinical social work with individuals, groups, couples and families. The purpose of the clinical practice concentration is to provide students with values, knowledge, and interventions skills appropriate to clients' levels of bio-psychosocial functioning.

**1370-513: ADVANCED PRACTICUM II  
CR: 3 PR: 1370-509**

The focus of this field practicum is on social work administration and planning. The internship addresses the continued application of behavioral and practice theory to practice at an advanced level as related to administration and planning in human service organizations.

**1370-514: SOLUTION FOCUSED & BRIEF THERAPY  
CR: 3 PR: 1370-506**

This course is designed as a seminar to provide students with a basic understanding in solution-focused brief therapy. The content will include the history of the SFBT approach within the

framework of systems and cognitive approaches, research related to the approach with different populations, as well as heavy emphasis on skill development and practice.

**1370-515: SOCIAL WORK SUPERVISION,  
CONSULTATION AND LEADERSHIP  
CR: 3 PR: 1370-507**

This course provides an overview of models and specific skills used in social work supervision and consultation which are appropriate to both clinical and community practice settings. Interactional and structural theoretical perspectives inform the framework for supervision introduced in this course.

**1370-516: COGNITIVE BEHAVIORAL  
THERAPY  
CR: 3 PR: 1370-506**

Cognitive Behavioral Therapy (CBT) is one of the most practiced therapeutic skill sets today. CBT is defined as the integration of Cognitive and Behavioral therapies designed by greats like Ellis, Beck, Watson and Skinner.

**1370-517: MACRO SOCIAL WORK PRACTICE  
& POLICY ADVOCACY  
CR: 3 PR: 1370-507**

Policy analysis, development, and implementation are presented as components of social work practice, as are community development, social action, and social planning.

**1370-518: CRISIS & TRAUMA INTERVENTION  
CR: 3 PR: 1370-506**

This course presents theories, strategies, and skills and an overall introduction to clinical crisis intervention. Models for assessing and responding to crises are presented.

**1370-519: STRATEGIC RISK MANAGEMENT  
IN AGENCIES  
CR: 3 PR: 1370-507**

Relationship between mission and risk management, agency internal systems and controls, liability, volunteer program management, board orientation and training, principles of enlightened risk taking, and protecting inventory and fixed assets.

**1370-597: THESIS  
CR: 0**

**1370-598: THESIS  
CR: 0**

**2000-599: THESIS  
CR: 9**